

C.N. St-Laurent
Invitation provinciale 13 ans et plus

Piscine Henri-Bourassa (CAN) 24-26/11/17

Results summary

Short Course (25m)

Lastname, Firstname	YOB	Distance,Stroke	Pl.	Time	RoundDiff.	Distance,Stroke	Pl.	Time	RoundDiff.
AYAD OMER	00 :	50 Freestyle	2	26.00	F 98%	100 Breaststroke	1	1:15.88	F 100% PB
		200 Freestyle	3	2:09.93	F 92%	200 Breaststroke	2	2:47.00	F 122% PB
		200 Backstroke	11	2:33.91	F 102% PB	200 Butterfly	3	2:28.80	F 87%
BOUALI WALID	03 :	50 Freestyle	5	28.19	F 117% PB	100 Breaststroke	5	1:24.88	F 100% PB
		100 Freestyle	7	1:02.33	F 96%	200 Butterfly	7	3:02.76	F 99%
		200 Freestyle	5	2:14.08	F 98%				
CHALUT VINCENT	00 :	100 Freestyle	5	59.55	F 93%	200 Butterfly	12	2:52.63	F 87%
		100 Breaststroke	2	1:16.12	F 99%				
CHEN JASON	03 :	50 Freestyle	RL	27.13	F 97%	200 Backstroke	6	2:33.92	F 132% PB
		100 Freestyle	3	59.60	F 113% PB	100 Butterfly	2	1:10.56	F 103% PB
		200 Freestyle	4	2:13.94	F 97%	200 Butterfly	4	2:36.96	F 112% PB
		100 Backstroke	1	1:09.40	F 117% PB				
DI MARIA MÉLANIE	02 :	200 Freestyle	9	2:35.39	F 95%	200 Breaststroke	7	3:07.61	F 101% PB
		100 Backstroke	5	1:14.74	F 111% PB	200 Butterfly	2	2:40.17	F 109% PB
		200 Backstroke	9	2:43.30	F 131% PB				
EL ABDELLAOUI ISMAIL	00 :	200 Freestyle	13	2:31.77	F 94%	100 Butterfly	16	1:19.56	F PB
		100 Backstroke	10	1:21.38	F PB	200 Butterfly	18	3:12.26	F PB
		200 Backstroke	19	2:56.62	F PB	200 Medley	18	3:00.94	F PB
EL ABDELLAOUI SAAD	96 :	200 Freestyle	12	2:30.07	F 88%	100 Butterfly	17	1:29.69	F 109% PB
		200 Backstroke	14	2:43.88	F PB	200 Butterfly	19	3:37.75	F PB
		200 Breaststroke	7	3:17.48	F PB	200 Medley	16	2:53.85	F PB
ERLEMANN RAPHAEL	02 :	200 Freestyle	15	2:33.39	F PB	100 Breaststroke	9	1:34.64	F PB
		100 Backstroke	11	1:26.51	F PB	200 Breaststroke	8	3:18.87	F PB
		200 Backstroke	20	3:02.65	F PB	200 Medley	17	2:59.76	F PB
FULGA DENIS	04 :	50 Freestyle	9	29.92	F 101% PB	100 Butterfly	4	1:24.91	F 113% PB
		100 Freestyle	12	1:09.32	F 117% PB	200 Butterfly	9	3:13.22	F 129% PB
		200 Freestyle	10	2:33.09	F 105% PB	200 Medley	7	2:51.63	F 127% PB
GOTAY KARLOS	00 :	50 Freestyle	7	27.60	F 100%	100 Butterfly	9	1:15.04	F 98%
		100 Freestyle	7	1:01.03	F 99%	200 Butterfly	13	2:54.40	F 94%
		200 Freestyle	7	2:18.69	F 88%	200 Medley	15	2:44.94	F 96%
MAI-VO GIANG	00 :	50 Freestyle	1	25.60	F 94%	200 Breaststroke	4	2:56.94	F 155% PB
		50 Backstroke	RL	33.70	F 80%	100 Butterfly	14	1:17.04	F 87%
MARCOUX ÉMILIE	03 :	50 Freestyle	12	32.77	F 97%	100 Backstroke	13	1:26.34	F 108% PB
		200 Freestyle	6	2:36.33	F 101% PB				
MICHAUD ANNE-SOPHIE	03 :	100 Freestyle	3	1:05.84	F 101% PB	200 Breaststroke	1	2:59.04	F 100% PB
		100 Backstroke	4	1:15.59	F 112% PB	100 Butterfly	3	1:20.72	F 116% PB
		100 Breaststroke	1	1:25.88	F 94%	200 Butterfly	2	2:58.93	F 147% PB
NOVAC DORIN	02 :	200 Freestyle	11	2:27.18	F 95%	100 Butterfly	11	1:16.32	F PB
		100 Backstroke	7	1:14.27	F 134% PB	200 Butterfly	17	3:04.97	F PB
		200 Backstroke	17	2:46.45	F PB	200 Medley	14	2:44.58	F 99%
SONG LEON	02 :	50 Freestyle	13	29.54	F 106% PB	100 Butterfly	13	1:16.82	F 107% PB
		100 Freestyle	16	1:06.15	F 105% PB	200 Butterfly	15	2:57.51	F 108% PB
		200 Breaststroke	6	3:06.95	F PB	200 Medley	13	2:44.01	F 104% PB
SONG QIAN CHANG	02 :	50 Freestyle	9	28.07	F 107% PB	100 Butterfly	15	1:18.58	F 102% PB
		200 Freestyle	8	2:19.18	F 104% PB	200 Butterfly	14	2:56.19	F PB
		200 Backstroke	16	2:46.37	F 115% PB	200 Medley	9	2:37.87	F 101% PB
ST-LAURENT TESSA	03 :	100 Freestyle	21	1:13.90	F PB	200 Backstroke	17	3:09.16	F PB
		200 Freestyle	8	2:43.97	F 102% PB	100 Butterfly	9	1:36.99	F PB
		50 Backstroke	RL	40.35	F PB	200 Medley	12	3:12.02	F 103% PB
		100 Backstroke	14	1:27.96	F PB				
4 x 50 Freestyle Men	:	CHEN JASON	03	CHALUT VINCENT	00	1	1:46.54	F	
		AYAD OMER	00	EL ABDELLAOUI SAAD	96				

4 x 50 Medley Men	:	MAI-VO GIANG	00	NOVAC DORIN	02	2	2:04.91	F
		CHEN JASON	03	AYAD OMER	00			
4 x 50 Medley Women	:	ST-LAURENT TESSA	03	DI MARIA MÉLANIE	02	4	2:24.27	F
		MICHAUD ANNE-SOPHIE	03	MARCOUX ÉMILIE	03			

Total 94 individual results, average performance: 103.7%
0 new record(s), 67 new personal best(s)
Biggest improvement: MAI-VO GIANG, 200 Breaststroke 2:56.94